**"Name": "",**

**"Phone Number": "",**

**"Address": "",**

**"City": "",**

**"Menu": "",**

**"Hours": "",**

**"Short Description": "",**

**"location": {**

**"type": "Point",**

**"coordinates": [**

**-71.05902,**

**42.357757**

**],**

**"index": ""**

**}**

**Life Alive**

Cambridge: 765 Mass Ave, Cambridge, MA 02139

(617) 354-5433

Brookline: 888 Commonwealth Avenue, Brookline, MA 02446

617-208-8259

Menu: <https://www.lifealive.com/caf-menu/>

Vegan fusion focusing on plant-based nutritious options like smoothies and juices and grain and salad bowls

**Whole Heart Provisions**

Allston: 487 Cambridge St Allston, MA 02134

(617) 202-5041

Cambridge: 298 Massachusetts Ave, Cambridge, MA 02139

(617) 945-8991

Menu: <https://www.wholeheartprovisions.com/menu/>

Veggies are the star of the plate at Whole Heart Provisions. Build-your-own bowls piled with veggies and grains are the main attractions here.

**Terramia Ristorante**

98 Salem St, North End 02113

(617) 523-3112

Menu: <https://www.terramiaristorante.com/food-menu/#1496094999290-cc7e87b8-334e>

Not all-vegan, but this Italian restaurant has vegan portion to its menu with soup, salad, and pasta. While the vegan options are not extensive, you won’t starve while out with your meat and cheese eating friends

**Sassafras**

688 Broadway, Somerville, MA 02144

(617) 666-0000

Menu: <https://www.facebook.com/groups/1623406621047212/>

New vegetarian/vegan restaurant serving up sandwiches, veganized meat substitutions in eclectic entrees, and delectable desserts

Juice bar also serving organic smoothie bowls, grain bowls, salads, and sandwiches. Also provides juices for all you juice cleansing needs.

**VO2 Vegan Cafe**

1001 Massachusetts Ave, Cambridge, MA 02138

(617) 492-2233

Menu: <http://vo2vegancafe.com/>

Breakfast and lunch sandwiches, soups, and sides.

**Veggie Crust**

Menu: <https://www.vegcrust.com/menu/somerville>

Brookline: 8 Cypress St, Brookline, MA 02445

(617) 383-5884

Menu: <https://www.vegcrust.com/menu/brookline>

You don’t have to miss out on a great pie as a vegan. Veggie crust offeres plenty of pizza flavors which can be “veganized”. There are also pastas, salads, and a vegan bar that serves fresh juices.

**Walnut Grille**

1203 Walnut St, Newton, MA 02461

(617) 964-1029

Menu: <http://walnutgrille.com/menu>

“A vegetarian and vegan experience” is how this restaurant has dubbed itself. Brunch, Lunch, and dinner menus showcase seasonal flavors and kids can tag along too as there are kid’s meals featured on the menu.

**Tikkaway Fresh Indian Grill**

55 Boston Wharf Rd, Boston, MA 02210

(617) 936-3933

Menu: <http://www.tikkaway.com/menu/>

Rice and salad bowls and whole wheat wraps make up the menu at this Indian grill. Wash it all down with a refreshing nimbu pani (limeade).

**Bayberry Cafe**

502 Main St, Woburn, MA 01801

(781) 935-1288

Menu: <https://www.bayberrycafewoburn.com/>

Asian fusion with options ranging from tofu nuggets to curry stew. The menu is long so bring your appetite.

**True Bistro**

1153 Broadway, Somerville, MA 02144

(617) 627-9000

Menus:

Dinner: <http://truebistroboston.com/menus/dinner/>

Brunch: <http://truebistroboston.com/menus/brunch/>

Dessert: <http://truebistroboston.com/menus/dessert/>

Plant-based high-end restaurant features a wide array of flavors. The menu changes constantly so they’’’ always be something new to try.

**Grasshopper Restaurant**

1 N Beacon St, Allston, MA 02134

(617) 254-8883

Menu: <https://www.beyondmenu.com/20014/boston/grasshopper-restaurant-allston-02134.aspx>

Vegan versions of Chinese staples flood the menu

**Ethiopian Cafe**

377 Centre St, Jamaica Plain MA 02130

(617) 319-6982

Menu: <https://ethiopiancafe.business.site/>

Vegan options at this Ethiopian food spot

**Masao’s Kitchen**

581 Moody St, Waltham, MA 02453

(781) 647-7977

Menu: <https://www.masaoskitchen.com/monthly-menu>

Wholesome soups, sandwiches, and noodles.

**Zhu**

166 Massachusetts Ave, East Arlington, MA 02474

(781) 646-7600

Menu: <http://www.zhuvegan.com/catalog.aspx?cid=37http://www.zhuvegan.com/catalog.aspx?cid=37>

Pan-Asian vegan restaurant has all your favorites and also dishes up meat substitutes that mimic the real thing.

**Oleana Restaurant**

134 Hampshire St, Cambridge, MA 02139

(617) 661-0505

Menu: <https://www.oleanarestaurant.com/menu-new/>

Celebrate the taste of the Middle East here. Many vegan friendly options to choose from as you travel overseas with the lick of a spoon.

**Shea Butter Smoothies**

1556 Blue Hill Ave, Mattapan Square, 02126

(617) 296-2245

Menu: <https://www.facebook.com/Shea-Butter-Smoothies-834607166718287/>

Smoothie and juice bar packing fruity goodness into each cup. Plus you can order your drink ahead for pick up.

**Spyce**

241 Washington St, Boston, MA 02201

Menu: <https://www.spyce.com/menu/>

Bowls with flavors spanning several countries. From Latin to Lebanese, you’ll be tasting the flavors of the globe.

**Kareem’s Restaurant**

99 Common St, Watertown, MA 02472

(617) 393-1880

Menu: <http://www.kareemsrestaurant.com/menu.html>

Flavorful Arabic cuisine meant to be shared. Ask and you shall receive. Many of the selections can be made vegan, just ask your server.

**Cafe Landwer**

900 Beacon St, Boston, MA 02215

(857) 753-4035

Menu: <http://www.landwercafe.com/wp-content/uploads/2018/04/LND-BOSTON-1-menu-5.18-P.pdf>

The menu is long but the vegan options are short. However, vegan menu items will fill your happy belly if you happen to find yourself at this local cafe

**honeygrow**

100 Northern Ave, Boston, MA 02210

(857) 350-3642

Menu: <https://www.honeygrow.com/menu>

Oodles of noodles (and rice). Not all of the noodles are vegan but there is a “create your own stir-fry” option that lets you pick and choose ingredients.

**Lucy Ethiopian Cafe**

334 Massachusetts Ave, Boston, MA 02115

(617) 536-0415

Menu: <https://www.facebook.com/Lucy-Ethiopian-Cafe-375251434602/>

The two main categories for the menu are vegetarian or beef dishes that you can choose for combination plates. There are 7 vegetable dishes so combos help when you can’t quite make up your mind or want to sample a bit of everything.

**Gelato & Chill**

19 Drydock Ave, South Boston 02210

(617) 717-4989

Menu: <https://www.gelatochill.com/menu/>

Vegan-friendly gelato options at this South Boston shop for summer’s favorite treat

**PRESSED**

120 Charles St, Boston, MA 02114

(857) 350-3103

Menu: <http://pressedboston.com/our-menu/>

Offers clean eating and healthy menu options including juices, veggie bowls, housemade popsicles, and shakes.

**Jennifer Lee’s Gourmet Bakery**

100 Hanover St, Boston, MA 02108

(978) 675-5116

Menu: <http://www.jenniferleesbakery.com/menu.html>

This bakery is all vegan and even allergen friendly. Offerings will satisfy both sweet and savory cravings. From cookie and cakes, to sandwiches and pasta, they’ve got it covered.

**sweetgreen**

Harvard Square: 39 JFK St, Cambridge, MA 02138

(617) 941-3400

Chestnut Hill: 210 Boylston St, Chestnut Hill, MA 02467

(617) 916-0788

Back Bay: 659 Boylston St, Boston, MA 02116

(617) 936-3464

State Street: 60 State St, Boston, MA 02109

(617) 996-8500

Downton Crossing: 13 School St, Boston, MA 02108

(857) 317-4949

Post Office Square: 225 Franklin St, Boston, MA 02210

(617) 648-5500

Summer Street: 87 Summer St, Boston, MA 02110

(617) 870-4700

Seaport Square: 47 Northern Ave, Boston, MA 02210

(617) 616-8500

Fort Point: 372 Congress St, Boston, MA 02210

(857) 263-7916

Ink Block: 354 Harrison Ave, Boston, MA 02118

(617) 712-0700

Prudential Center: 800 Boylston St, Boston, MA 02199

(857) 753-4982

Fenway: 132 Brookline Ave, Boston, MA 02215

(857) 233-2673

Menu: <https://www.sweetgreen.com/menu/?region=boston>

With 12 locations in the Boston area, you’ll never be too far from a sweetgreen. Warm bowls and salads make up the menu. Make-your-own options are also available so you can customize a dish to your vegan taste.